

# Southern Style Sweet Potato Bake by Lynn's Recipes

---



A traditional dish that is sometimes served with a Thanksgiving meal. This is made with canned Yams, but you can use fresh sweet potatoes, if you desire.

## Ingredients:

- 1-29 ounce can cut yams, drained and mashed
- ¼ cup brown sugar
- ½ teaspoon salt
- 1 teaspoon ground cinnamon
- ½ teaspoon ground nutmeg
- 1 Tablespoon melted butter
- ¼ cup cream
- 16 large marshmallows

Preheat oven to 350°. Blend mashed yams with brown sugar, salt, cinnamon, nutmeg, butter and cream. Cut 6 marshmallows in half and mix with the yams. Turn into greased baking dish. Top with remaining marshmallows. Bake at 350° for 20 minutes or until mixture is puffy and marshmallows are delicately browned on top.

[Comment or watch this Recipe on You Tube](#)

## Follow me on:

[YouTube](#)

[Twitter](#)

[Facebook](#)

[Instagram](#)

# Southern Style Sweet Potato Bake by Lynn's Recipes

---

Lynn's Recipes: November 2011  
www.lynnrecipes.com

-----

[Click here for a handy Conversion Chart](#)