

Sloppy Joes by Lynn's Recipes



Lynn demonstrates how to make Sloppy Joes. This is easy and kids love them for dinner.

Ingredients:

- 1 pound ground beef
- ½ cup chopped onion
- ½ cup chopped red pepper
- ¼ cup chopped celery
- 2 cloves garlic, minced
- ½ cup ketchup
- 15 ounce can tomato sauce
- 1 Tablespoon tomato paste
- ¼ cup brown sugar
- 1 teaspoon Worcestershire sauce
- ¼ cup water
- 1 teaspoon chili powder
- 1 teaspoon dry mustard
- ¼ teaspoon red pepper flakes, or more if you like them spicier
- Salt and Pepper to taste

In a large skillet, brown ground beef, onion, red pepper, celery and garlic. Drain if necessary.

Add the ketchup, tomato sauce, tomato paste, brown sugar, Worcestershire sauce, water, chili powder, dry mustard, red pepper flakes and salt and pepper to taste.

Cook 15-20 minutes.

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Serve on your desired type of bun.

[Link to Fresh Fruit Salad with Honey Poppy Seed Dressing](#)

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