

Lynn demonstrates a great milkshake for St. Patrick's Day. Super easy and delicious.

Ingredients:

- 1 pint (2 cups) vanilla ice cream
- 1 cup milk
- ¹/₂ teaspoon peppermint extract
- ¹⁄₄ teaspoon green food color
- Whipped cream and green and chocolate sprinkles, optional

Place ice cream, milk, peppermint extract and green food color in the blender, cover and blend on high speed until smooth.

Pour into glasses and top with whipped cream and sprinkles, if desired. Serve immediately.

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