

# Hummus by Lynn's Recipes

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A great and healthy dip for a party or to just have for lunch with pita bread or chips.

## Ingredients:

- Two 15-ounce cans garbanzo beans, rinsed and drained
- ½ cup tahini
- 1 Tablespoon fresh lemon juice
- 1 clove of garlic, roughly chopped
- Salt and pepper to taste
- ½ cup water
- Extra virgin olive oil for drizzling

In a food processor, blend the garbanzo beans, tahini, fresh lemon juice, garlic, salt and pepper. Add the water to loosen the mixture up and blend until smooth. Transfer to a serving dish and drizzle with extra virgin olive oil. Serve with pita chips or vegetable sticks.

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Lynn's Recipes: April 2011  
www.lynsrecipes.com

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